



## TOOTING LUNCH BAR

### Hot lunches

**£7.50**

Seitan Bolognese  
Mac'n Cheese  
Root vegetable broccoli gratin  
Oumph! Wrap  
Margherita pizza  
Slow cooked casserole

### Salad bar

**£7.50**

Make your own buddha bowl; choose five of the items below

- Quinoa
- Pickled red cabbage
- Mixed buckwheat and broccoli florets
- Avocado slice
- Mouline kale and butternut squash cubes
- Fresh mixed peppers
- Roasted chickpeas
- Sunflower hemp sesame seeds
- Lentil sprout
- Mung bean sprouts

### Dressing

- House dressing, turmeric/aioli, miso dressing

### Extras

**£2.50**

- Pepper crusted black bean tofu