



Vegan Express is expanding to Streatham!

NEW VEGAN TAKEAWAY

3A Mitcham Lane, SW16 6LG

www.veganexpress.co.uk

020 3302 4343



mains

lasagne 14.50

quinoa and sweet potato lasagne made with our rich home-made cashew cream. Served with garlic bread and a side salad (n)

bean loaf 14.00

served on a polenta base with savoy cabbage, grilled broccoli, courgette and a red-wine reduction

burgers

pea-protein burger 12.50

no bun, gluten free, served on two thick slices of grilled aubergine with roast peppers, red onion and a side of roast veg

black bean burger 12.00

black bean and broccoli burger served in a bun with lettuce, tomato slice and a portion of triple cooked chips (s, g)

red lentil burger 12.00

red lentil and cauliflower burger served in a bun with lettuce, tomato slice and a portion of triple cooked chips (s, g)

tofish and chips 13.50

our award winning tofish and chips served with homemade tartare sauce and mushy peas (s, g)



sharing platters

Vegan Express deli board 18.00

BBQ grilled tempeh, seitan salami, grilled tofu, battered onion rings, fried plantain, fried sweet potato with coconut cream, guacamole and mango pepper salsa (s, n, g)

nachos 14.00

a generous helping of nachos served with grilled broccoli and cauliflower, guacamole, mango salsa. Smothered in cashew cream and topped with grated mozzarella (s, n)

taco platter 16.00

taco seasoned Oumph! served with crushed avocado, jalapeno aioli, lettuce, sweetcorn, nacho chips and a mango, black bean and red pepper salsa (s, n)

nibbles

smoked hummus 6.50

sweet potato wedges with coconut cream 6.50

onion rings and garlic mayo 6.50

bean fritters with sweet chili sauce 6.50

waffles

tofu waffle 12.50

gluten free buckwheat waffle, served with grilled tofu, grilled vegetables, guacamole and a mango, black bean and red pepper salsa (se)

sweet waffle 10.00

gluten free buckwheat waffle served with fresh fruit, soy ice cream and toffee sauce (se)

sides

mixed leaf salad 3.50

triple cooked chips 3.50

pizza

our bases are homemade with whole grain, seven-cereal flour making them really crusty and tasty. You can also have gluten free base (rice flour) for an additional £2 per pizza. We can unfortunately not guarantee that any of our pizzas are nut free.



margherita	10.50	mushroom white sauce	12.50
tomato sauce, vegan mozzarella and fresh basil (se, n, g)		white cashew cheese sauce, mushrooms, artichoke, smoked garlic, topped with fresh spinach and almond flakes (se, n, g)	
artichoke and spinach	12.00	butternut pistachio	13.50
tomato sauce, vegan mozzarella, spinach, chestnut mushroom, artichoke, red peppers and cherry tomatoes (se, n, g)		butternut squash sauce, mushroom, pistachio nuts, broccoli florets, cherry tomatoes, rocket and truffle oil (se, n, g)	
garden pizza	11.50	seitan pineapple	12.50
tomato sauce, vegan mozzarella, mushroom, peppers, courgette, cherry tomato and fresh rocket (se, n, g)		tomato sauce, vegan mozzarella, seitan salami, red peppers, sweetcorn and pineapple (se, n, g)	
green express	12.00	Oumph! feast	13.00
spinach and asparagus cheese sauce, broccoli florets, cauliflower florets and shaved fennel (se, n, g)		tomato sauce, vegan mozzarella, Oumph!, seitan salami, red onions, mushroom, black olives and fresh rocket (se, s, n, g)	
seitan salami (hot)	13.00	cauliflower white sauce	12.00
tomato sauce, vegan mozzarella, seitan salami, roasted red peppers, homemade cashew mozzarella, olives, chili-flakes and fresh rocket (se, s, n, g)		white cashew cheese sauce, cauliflower florets, smoked garlic topped with almond flakes (se, n, g)	
rosso	13.00	almond ricotta	13.00
tomato sauce, vegan mozzarella, caramelised red onion, sun blush tomato pesto, oven charred red peppers, topped with tofu cottage cheese (se, s, g)		tomato sauce, vegan mozzarella, grilled aubergine, artichoke, almond ricotta, pine nuts and parmesan (se, n, g)	
cashew ricotta	13.00	super spinach	12.00
white cashew cheese sauce, spinach artichoke, roast aubergine cubes, roasted red peppers and sun blush tomatoes topped with sunflower seeds (se, n, g)		tomato sauce, vegan mozzarella, butternut squash cubes, pistachio nuts, wilted spinach, cashew mozzarella, broccoli florets and cherry tomato (se, n, g)	

se = seeds s = soya n = nuts g = gluten

desserts

cloudberry and baobab cheesecake 8.50

raw baobab (citrus fruit from Africa's 'Tree of Life') cheesecake served with a runny layer of cloudberry jam (native to the arctic tundra and boreal forest of Scandinavia). Stunning combination that must be tried to be believed! (n)

gluten free sticky toffee pudding 7.50

served with toffee sauce (s)

orange and chocolate torte 6.00

raw, very rich chocolate/orange torte served with runny soya cream and fresh berries (n)

mango and passion fruit cheesecake 6.00

raw cashew cheesecake with a generous layer of passionfruit coulis (n)

american style baked cheesecake 6.50

served with strawberry/raspberry/shia seed coulis (n, g)

smoothies (400ml)

green express 5.50

apple, cucumber, spinach, kale and lime

orange boost 5.50

grapefruit, orange, carrot and ginger

red pick me up 5.50

beetroot, carrot, orange and ginger

pina colada 6.00

coconut milk, pineapple and banana

tropical 6.00

oat milk, pineapple juice, banana, baobab and mint

plain pineapple 6.00

plain orange 5.50

plain apple 5.00

plain carrot 5.00

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