



unbelievable quinoa pudding 6.50

steamed quinoa pudding with cinnamon and berries, served with carrot coulis and soy ice cream (s)

mille-feulle 6.50

crispy puff pastry served with grilled fresh pineapple and vanilla crême anglaise (s, g)

cloudberry and baobab cheesecake 8.50

raw baobab (citrus fruit from Africa's 'Tree of Life') cheesecake served with a runny layer of cloudberry jam (native to the arctic tundra and boreal forest of Scandinavia). Stunning combination that must be tried to be believed! (n)

gluten free sticky toffee pudding 7.50

served with toffee sauce (s)

orange and chocolate torte 6.00

raw, very rich chocolate/orange torte served with runny soya cream and fresh berries (n)

fruit salad 5.50

fruits of the day mixed into a lovely fresh salad

mango and passion fruit cheesecake 6.00

raw cashew cheesecake with a generous layer of passionfruit coulis (n)

american style baked cheesecake 6.50

served with strawberry/raspberry/shia seed coulis (n, g)

smoothies (400ml)

green express 5.50

apple, cucumber, spinach, kale and lime

orange boost 5.50

grapefruit, orange, carrot and ginger

red pick me up 5.50

beetroot, carrot, orange and ginger

pina colada 6.00

coconut milk, pineapple and banana

purple dream 6.00

oat milk, berries, agave and banana

tropical 6.00

oat milk, pineapple juice, banana, baobab and mint

plain pineapple 6.00

plain orange 5.50

plain apple 5.00

plain carrot 5.00

bissap juice (home-made) 5.00

smoothie bowls

red smoothie bowl 8.50

raspberries strawberry, banana, apple, topped with flax seed, goji berries and pomegranate seeds (se)

amber smoothie bowl 7.50

papaya, banana and pineapple, apple, topped with chia seed mango and fresh passion fruit jam (se)

green smoothie bowl 7.50

apple, spinach, cucumber, kale, avocado, topped with hemp seed, kiwi and mint (se)

se = seeds s = soya
n = nuts g = gluten

20% VAT will be added to your bill

hot drinks

latte	2.50
cappuccino	2.50
americano	2.50
espresso	1.90
flat white	2.50
mocha	2.60
tea (leaf - ask for today's flavours)	2.20

soft drinks

our flavoured milk can be made with almond, coconut, soya or oat milk

homemade chocolate milk	4.50
homemade strawberry milk	4.50
homemade vanilla milk	4.50
coconut water	2.50
sparkling water	1.50
still water	1.50



desserts



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